

# Olympia Hockey Academy

2022 Summer Camps

All Camps Directed by Patrick Tabb

## Weekly Camps

Cost Per Week: \$300.00

Daily Schedule Includes:

One hour and Twenty minutes On Ice

\*\*Body contact/battle drills at each camp. Pee wee/Bantam checking will be taught.

One hour off ice at Olympia Strength and Conditioning with Jovan James

Weeks Available:

July 11<sup>th</sup> - July 14<sup>th</sup>

July 18<sup>th</sup> - July 21<sup>st</sup>

July 25<sup>th</sup> - July 28<sup>th</sup>

August 1<sup>st</sup> - August 4<sup>th</sup>

August 8<sup>th</sup> - August 11<sup>th</sup>



### Squirt:

1:40pm-3:00pm on ice

3:15pm-4:15pm off ice

### Pee wee/Bantam:

3:10pm-4:30pm on ice

4:45pm-5:45pm off ice

### High School/Prep/Juniors:

4:40pm-6:00pm on ice

6:15pm-7:15pm off ice

## Elite 5 Week Full Day (40) hours on Ice

Cost: \$2,000.00

July 11<sup>th</sup> - August 11<sup>th</sup>

Monday - Thursday

Daily Schedule Includes:

2 Hours On-Ice

1 Hour Off ice at Olympia Strength and conditioning with Jovan James

1 Hour Classroom and Video review at Olympia meeting room

30 Minutes off ice shooting development

Groups Offered: Pee wee/Bantam  
11:00am-4:30pm

High School  
9:00am-2:30pm

Player Name: \_\_\_\_\_ Age Group: \_\_\_\_\_

Weeks Attending: \_\_\_\_\_ or ELITE 5 WEEK Group: \_\_\_\_\_

Current Team: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_ Position: \_\_\_\_\_

Please make checks payable to: Mass Skate Inc. Olympia 125 Capital Dr. West Springfield, MA 01089

