

DAILY SCHEDULE

Upon arrival at the Western Massachusetts Hockey School, each player will be assigned to either Group 1 or Group 2. These two groups are assembled based on the age and skill level of each player. In previous years, Group 1 included players ages 7 to 10 while Group 2 was comprised of players ages 11 to 15. Players must bring their own lunch each day.

Group 1

Daily Schedule (Monday to Thursday)

9:00am - 10:30am	On ice instruction
10:45am - 11:30am	Off ice athletics
11:30am	Lunch
12:30pm - 2:00pm	On ice instruction
2:15pm	Dismissal

Group 1 will have a full ice game on Thursday from 12:30pm to 2:00pm

Group 2

Daily Schedule (Monday to Thursday)

9:30am - 10:30am	Off ice athletics
10:45am - 12:15pm	On ice instruction
12:30pm	Lunch
1:15pm - 2:00pm	Video
2:15pm - 3:45pm	On ice instruction
4:00pm	Dismissal

Group 2 will have a full ice game on Thursday from 2:15pm to 3:45pm

Sponsored by

***NEW ENGLAND
HOCKEY FACTORY***

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.

WESTERN MASS HOCKEY SCHOOL



AUGUST 7 – 10, 2017

AGES 7 to 15

**FOUR DAYS OF HOCKEY INSTRUCTION
WITH AN EXPERIENCED STAFF FROM
COLLEGE HOCKEY AND THE NHL**

AT

OLYMPIA ICE CENTER

West Springfield, MA

Website – nehf.net

2017
WESTERN MASSACHUSETTS
HOCKEY SCHOOL
—Application Form—

Player Name _____

Address _____

City/State/Zip _____

Home Telephone _____

Day Telephone _____

Email Address _____

Birthdate _____ Next Level of Hockey _____

Height _____ Weight _____

Position:

- Forward Years of Skating _____
 Defense
 Goaltender Years of Hockey _____

Team: _____

Signature of Parent/Guardian who agrees with terms and conditions outlined in this brochure.

(Parent Signature)

(Print Parent Name)

Payment Method (please check one):

- Visa
 MasterCard
 Check Enclosed (*Made payable to Western Mass Hockey School*)

Card Number: _____

Exp. Date: _____

(Cardholder Signature)

Amount to be charged to credit card: \$ _____

Amount Enclosed (payment by check): \$ _____

Mail completed application and payment to:

Western Mass Hockey School
P.O. Box 221
Sunderland, MA 01375

WESTERN MASS HOCKEY SCHOOL

The Western Mass Hockey School, now in our 17th year, welcomes hockey players of all abilities, ages 7 to 15. The primary focus of our hockey school is on speed and skill development with an emphasis on three main goals. *The first is that hockey has to be fun. The second goal is to maximize the individual potential of each player through well founded scientific, physiological, and psychological precepts. The third goal is to encourage respect for others - without which there can be no success.* All on ice and off ice curriculums are professionally prepared and designed to elevate the play of each participant.

DAILY PROGRAM

- **THREE HOURS OF ON ICE INSTRUCTION**
- **POWER SKATING - EDGE CONTROL & BALANCE**
- **SKILL STATIONS**
- **TIGHT AREA & CROSS ICE GAMES**
- **OFF ICE ATHLETIC ACTIVITY**
- **VIDEO/CLASSROOM SESSION (Group 2)**
- **1:8 COACH TO PLAYER RATIO**

FACILITIES

The Western Mass Hockey School is held at Olympia Ice Center in West Springfield, MA. The off ice program includes stretching, agility, balance and core strength exercises for hockey players.

MEDICAL INFORMATION

All players must have their own health insurance. A Medical Form and Waiver will be emailed to you upon receipt of your completed hockey school application form.

GENERAL INFORMATION

Players must bring their own lunch each day. Confirmation of enrollment will be emailed to you once we receive your completed application form. For further information, please visit our website nehf.net or call **413-687-2607**. You can also email us at quesnelle@nehf.net.

TUITION \$300.00

We request that completed applications be accompanied by payment in full or a \$100.00 deposit with the remainder of the tuition due by July 1st. Please make checks payable to **Western Mass Hockey School**. Our address is **P.O. Box 221, Sunderland, MA 01375**.

Requests for cancellation must be made by contacting us at 413-687-2607. All monies paid, with the exception of a \$50 administrative fee, will be refunded if the request is made at least two weeks prior to the start of our hockey school. There will be no refunds for requests received within two weeks of the start of our hockey school unless the request is accompanied by a documented medical reason. A \$20 surcharge will be applied for returned checks.

WESTERN MASS HOCKEY SCHOOL STAFF

LEAD INSTRUCTORS

LEN QUESNELLE

Scout, Detroit Red Wings
Director, Western Mass Hockey School
Director, Preseason Position Clinic

- Asst. Coach, University of Massachusetts (2004-2013)
- Scout, Canadian National Men's Team (2004)
- Head Coach, Princeton University (2000-2004)
- Asst. Coach, Princeton University (1988-2000)
- Asst. Coach, Team USA, North American College Hockey Championship Series (1999)

RED GENDRON

Head Coach, University of Maine

- Associate Head Coach, Yale University (2011-2013)
- NCAA Champions (2013)
- Asst. Coach, University of Massachusetts (2005-2011)
- Head Coach, Albany River Rats – AHL (2002-2004)
- Scout, New Jersey Devils (2000-2002)
- Asst. Coach, New Jersey Devils (1994-1996)
- Stanley Cup Champions (1995)
- Asst. Coach, University of Maine (1991-1994)
- NCAA Champions (1993)
- Asst. Coach, USA World Jr Team (1993, 2001, 2002)

BLAISE MACDONALD

Head Coach, Colby College

- Asst. Coach, University of Massachusetts (2011-12)
- Head Coach, UMass Lowell (2001-2011)
- Head Coach, Niagara University (1996-2001)
- Associate Head Coach, Boston University (1990-1996)
- NCAA Champions (1995)
- Asst. Coach, UMass Lowell (1988-1990)
- Asst. Coach, Princeton University (1987-88)
- Asst. Coach, Dartmouth College (1985-1987)

CHRIS HALL

Assistant Coach, Colby College

- Grad Asst., University of Massachusetts (2010-2012)
- Goalie Coach, Amherst College (2010-2012)
- Student Asst. Coach, University of Notre Dame (2005-10)
- Goalie Coach, Preseason Position Clinic (2011-present)
- Coach, Minnesota Hockey Camps (2009-2013)

HOCKEY SCHOOL COACHES

- Current and former college hockey players from western MA and New England will serve as on and off ice coaches throughout our hockey school.